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#### A word from Brock

Dear Friends,

2016 was an exciting year during which we drafted the blueprints for our future. Building off of our strategic plan, we created the four pillars of our organization to reaffirm our commitment to our patients, our supporters, and the larger young adult cancer community.



**Giving and Getting Support.** Our Patient Navigation team launched a new initiative this year - SPEAC, the Survivor & Patient Educational Advisory Council. SPEAC allows our patients and survivors from Walter Reed and Children's National to share insights, feedback, and suggestions for improving the care and overall experience of young adults fighting cancer. Our goal is to make real changes at our institutions and within the community based on patients' input.

**Raising Awareness.** Each year we're humbled by the number of people who join our community of support, and 2016 was no different. This year more corporate partners engaged in our Holiday Gift Drive, Lunch & Learns, and Chemo Care Bag builds than ever before. Through their financial support and willingness to back our mission we were able to directly serve more patients and their families.

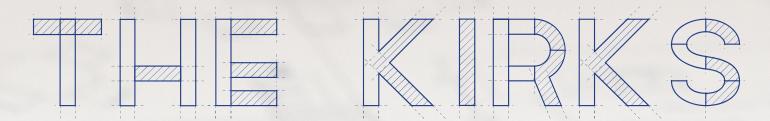
**Inspiring Movement.** Cancer to 5K, our free walk and run training program for cancer survivors, reached across the country by expanding to Irvine, CA and up the coast to the running happy city of Philadelphia, PA. Our Philadelphia team also broke a Cancer to 5K record by supporting 23 survivors across the finish line in their inaugural Spring season.

**Driving Change.** With our biggest project to date – the UCF House – we're creating a home-away-from-home for young adult cancer patients receiving treatment in Baltimore. We officially entered the public phase of our Capital Campaign and finalized the blueprints for this unique house that will cater to the specific needs of our young adult population.

As our reach across the country continues to grow, please join us in celebrating the successes of 2016 and all the amazing individuals who made this year possible. Our team at UCF cannot thank you enough for being a part of this community and working with us to ensure no young adult faces cancer alone.

Cancer changes lives... SO DO YOU!

Brock Yetso President & CEO



### While blueprints are essential for implementing a design, the plan they lay out will never materialize without a strong foundation.

Don and Pat Kirk are foundational partners to the Ulman Cancer Fund for Young Adults; their insights, hours volunteered, expertise, encouragement, and financial contributions laid a solid foundation for our organization twenty years ago, and continue to strengthen it to this day.

Doug Ulman's cancer diagnosis in 1996 hit close to home for Pat, who had recently completed treatment for breast cancer. A longtime friend, Pat was one of the first people Diana – Doug's mother – contacted when Doug's health had stabilized, to discuss the "project" she and Doug had in mind; the project that would ultimately become the Ulman Cancer Fund for Young Adults. Pat became a founding member and unofficial president of the Board of Directors, before stepping away to intentionally make room for young adults to serve on the Board.

The Kirks' blended family, like so many, has been touched by cancer far too often. Don's late wife, Don's parents, Pat's sister-in-law, Pat herself, and, over the past few years, Don himself, have all experienced bouts with cancer. These connections, combined with a deep understanding of the needs of young adults they developed from parenting five children, have motivated the Kirks to stay closely engaged for UCF's entire lifespan.



The couple's philanthropy aids many local health- and youth-related nonprofits. Don and Pat generously support the Breast Center at Mercy Medical Center, the Cal Ripken Sr. Foundation, and fund research in pediatric oncology at Johns Hopkins Medicine. They set an example and teach others about giving as well; Don has made corporate philanthropy a major part of Windsor Electric, the business he owns. Nearly every day, at least one employee of Windsor Electric is in the field, providing service free of charge, to organizations like the Greater Baltimore Medical Center, Johns Hopkins' Camp Sunrise, and The Family Tree.

Soon, Windsor Electric's in-kind contribution to the UCF House will begin: Don has committed the company to outfit the entire facility with electric systems. And just as the founding of UCF in the wake of her treatment was especially meaningful for Pat, so will the opening of the UCF House be for Don. In November of 2016, after two years of chemotherapy, Don received a bone marrow transplant – the same treatment that many future residents of the UCF House will undergo. To be within the required fifteen minutes from the hospital for several months, the couple rented an apartment downtown, cementing their appreciation of the need for our new facility.

We are honored to recognize the Kirks for their support of UCF's capital campaign – both individual and corporate, and for their unwavering generosity of time, assets, and spirit over the past twenty years.

Thank you, Don and Pat, for laying a strong foundation and being architects of the future for young adult cancer survivors.

## THE UCF HOUSE



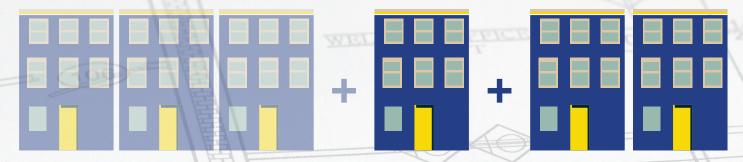
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Conceptualized in 2014 and introduced in 2015, plans for the UCF House began to truly take shape in 2016. Generous pledges and donations from many long-time and new supporters enabled us to capitalize on an opportunity to increase the scope of the future facility – doubling from the previous footprint of three rowhouses to an expanded footprint of six consecutive rowhouses. Importantly, this will translate to serving twice as many young adults!

We solidified the design of the space, drafted the blueprints, and laid a strong foundation of financial security. Our community came together to reach nearly \$2.5 Million of our \$3 Million goal, we hired a builder, and prepared to break ground in 2017!

#### 2016



- We acquired the fourth, fifth and sixth row home on the block to allow us to expand the footprint of the House. The House will consist of:
- 9 patient suites
- Ommunal kitchen and dining area
- Library

- Laundry Room
- Comfortable living room
- Oym with access to our beautiful outdoor space

We will offer programming which will promote the mental and physical wellness of our young adult patients and their caregivers. The UCF House will operate 24 hours a day, 7 days a week, 365 days a year.

- In 2016 we began the process of LEED certification. Leadership in Energy and Environmental Design (LEED) is a rating system devised by the United States Green Building Council (USGBC) to evaluate the environmental performance of a building and encourage market transformation towards sustainable design. The system is credit-based, allowing projects to earn points for environmentally-friendly actions taken during construction and use of a building. We're excited to make this important commitment to our community and environment!
- UCF joined the Healthcare Hospitality Network which is a nationwide professional association of nearly 200 unique, nonprofit organizations that provide lodging and support services to patients, families, and their loved ones who are receiving medical treatment far from their home communities. The mission of HHN is to support homes that help and heal to be more effective in their service to patients and families.

#### The Board of Directors

The Ulman Cancer Fund for Young Adults has a board of 22 members who are the building blocks of the organization:

**Megan Collins** 

**Under Armour** 

**Cheryl Duvall** 

Avancé LLC

**Ryan Hanley** 

SolarCity

Blair Hill

**Treasurer** 

Merrill Lynch

**Zereana Jess-Huff** 

Beacon Health Options

**Gary Lombardo** 

Steptoe & Johnson LLP

**Matt Nesbitt** 

Total Futbol/HI Group/Weichert

Jennifer Parker

Agencyport Software

**Gwyn Reece** 

**Annapolis Pediatrics** 

Kim Sheridan

Datalink

Dr. Michael Silverman

Cardiovascular Specialists of Central Maryland

**Chris Sproule** 

General Physics Corporation

**Kevin Spurrier** 

Reynolds American

**Barron Stroud** 

Wong Fleming LLC

**John Sunder** 

Venable LLP

**Jessica Tanner** 

Secretary

Department of Veterans Affairs

**Diana Ulman** 

**Founding Member** 

Diana Ulman Designs

**Doug Ulman** 

**Founding Member** 

Pelotonia

**Andy Veliuona** 

Chair

Global Data Source LLC

**Rich Walega** 

Navigator Management Partners

**James Wood** 

Suntrust Robinson Humphries

Chris Zahlis

NTT DATA Federal Services, Inc.

Ulman Cancer Fund for Young Adults

Body of Young Adult Advisors

BALTIMORE

The Board of Young Adult Advisors continues to grow. Composed of young professionals, BOYAA expands UCF's impact on the local community to ensure that no young adult faces cancer alone. In 2016 BOYAA hosted their annual Screw Cancer Brew Hope celebration with 240 guests in attendance, adopted a family for Ulman's Holiday Gift Drive, and received the Volunteer Award at the 2016 Blue Jeans {& Bowties} Ball.







## MISSION ENGAGEMENT



Lunch & Learns present the perfect opportunity to educate companies in the Washington, D.C. and Baltimore areas about the young adult cancer fight. For a more hands-on approach, Lunch & Learns are often coupled with Chemo Care Bag assemblies. With a few buckets of blankets, socks, and crossword puzzles, we lead employees in assembling bags that bring warmth and comfort to cancer fighters across the country.

Our Chemo Care Bags contain items recommended to us by cancer survivors such as hand sanitizer, back scratchers, and a UCF stress ball to help make long hours at the hospital a little easier for patients. In 2016 these bags were delivered both locally, through cancer centers in the Washington, D.C. and Baltimore metro area, and nationally, through our 4K for Cancer and Key to Keys programs.





Where YA Meet is a monthly social get-together for young adults who are currently in treatment for cancer or post-treatment. Through guest speakers, social activities, and community excursions, Where YA Meet connects, engages, and builds support and camaraderie among young adults.



A sensitive topic was addressed to a diverse group-- in a way that made everybody comfortable. I was happy to join in and to have dinner provided was a real treat. I look forward to future opportunities on health and wellness. The seminars help survivors and our family/significant others make informed decisions as well as fully embrace the healing process.

Kathy Coleman, Cancer Survivor



I love doing arts and crafts but it's hard to find the time and energy to devote to it. The event with Diana Ulman was wonderful because she gave us the perfect balance of freedom and inspiration to get us in a creative mindset. I treasure the piece of artwork I made at this event because it says a lot about what my experience with cancer has meant for me. **Celeste Schepp, Loved One** 

## HOLIDAY

## GIFT DRIVE



Every year dozens of families and corporate partners collect, wrap, and deliver hundreds of gifts for families facing a cancer diagnosis.

Chamon, a 30 year old single mom currently battling thyroid cancer, was "adopted" last year for our holiday gift drive. Chamon and her son, pictured to the right, had a Christmas that would not have been possible without the support and generosity from one of our volunteer groups.





### SCHOLARSHIPS

The Ulman Cancer Fund for Young Adults National College Scholarship Program awards scholarships for higher education to students affected by cancer through their own diagnosis or through the diagnosis of a parent or sibling. Scholarships are awarded on the basis of financial need, medical hardship, dedication to community service, commitment to educational and professional goals, and how the cancer experience has impacted their lives. Since 1999, scholarships have been awarded both regionally and nationally.







## SUPPORT THROUGH SPORT

The Ulman Cancer Fund for Young Adults Support Through Sport programs promote a platform of physical activity for individuals/participants to raise awareness and funds for the young adult cancer fight. Each program presents the opportunity for participants to give and get support from others who have been impacted by cancer, creating a community of support. In 2016, Support Through Sport programs engaged more than 650 participants and raised more than \$1.1 million to support the UCF mission.



• Participants: 29

Riders: 22

• Support Drivers: 6

States Represented: 7

• Funds Raised: \$164,897.50



This experience connected me with other people who understood what I was going through and were there to listen. They made me laugh to the point where I couldn't breathe and shared stories that touched my heart. Most importantly the group brought a piece of normalcy back into my life while on active treatment.

- **Olivia Marquart** Synovial Sarcoma Survivor Key to Keys Support Driver – 2015, 2016





Funds Raised: \$843,221 Scholarships Awarded: 12



#### 2016 Team Fight Overview:

#### Fight Club

47 Participants

Funds Raised: \$27,572.17

#### New York City Marathon Team

12 Participants

Funds Raised: \$49,544

#### Iron Girl Training Program

28 Participants

Funds Raised: \$45,333.22



#### 2016 Cancer to 5K for Cancer Overview:

Survivors: 87 Sherpas: 286 Coaches: 31

All Time Finishers: 283

## PATIENT NAVIGATION

PAGE 9
PATIENT
NAVIGATION

Young adults with cancer are burdened with challenges unique to their developmental stage and age group. This population also possess unique capacities that, when realized, can help them effectively cope with cancer and thrive, no matter what the outcome may be. Our Young Adult Patient Navigation program aims to help young adults understand and utilize those capacities.

Our Young Adult Patient Navigation Program is built upon the "4E" framework: **educate**, **empower**, **engage**, **encourage**.

- **EDUCATE** patients and their families about their disease, treatment options, and lifelong implications of treatment choices;
- **EMPOWER** young adults to take an active role in their cancer experience and support them as they face the many unique challenges and realities specific to their age group;
- **ENCOURAGE** effective communication with the clinical care team, family, friends, community, and others in their support network; and
- **ENGAGE** young adult patients and their loved ones in direct support programs, services, events, and opportunities that help them cope, connect, and thrive.

Patient Navigation programs through partnerships with the following institutions:









5 Remote Navigation

In 2016 more than 200 family members were served across all hospitals in addition to these patients

Children's National Medical Center	75
Johns Hopkins Hospital	85
University of Maryland	129
Walter Reed	116
Remote	70

IN 2016 PATIENT NAVIGATION

HICKED OFF SPEAC (SURVIVOR

AND PATIENT EDUCATIONAL

ADVISORY COUNCIL) WITH FOUR

PATIENTS FROM CHILDREN'S

NATIONAL MEDICAL CENTER

AND FOUR PATIENTS FROM

WALTER REED

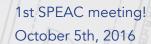
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MEDICAL CENTER.

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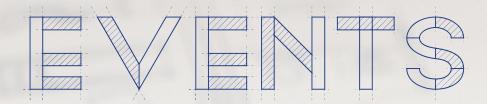
PATIENT
NAVIGATION







I was diagnosed with AML (leukemia) on October 2, 2016 and I met FUN Allie shortly after. Ever since that day she has been an important member of my care team. She has become a great person to talk to when I need her and she's become a super big part of my life. She has motivated me to fight this leukemia and she makes me smile. There is a room called the Teen Room and without that room and her being in it, I don't know what I would have done. If these things weren't available to me, I would have been miserable during the weekdays. I probably would have gone crazy. What I'm trying to say is that Allie is fantastic! Every day she makes a change in the life of kids that are like me. –Uriel, 17



PAGE II
EVENTS

Donna Sunderdick Columbia Pedal & Paddle \$4,000

Pikesville 5K Miles That Mattered \$64,581.00

Screw Cancer Brew Hope Baltimore \$19,665.00

(106)

**BOYAA** \$10,863.00

Beard Off \$48,542.00

Gilbane Golf Tournament \$10,000.00

Blue Jeans {& Bowties} Ball \$195,221.00

24 Hours of Booty \$85,000.00

Screw Cancer Brew Hope Pennsylvania \$59,128.00

Corridor Classic \$20,000.00

Sean Silver Eff Cancer Golf Scramble \$29,930.00



Total funds raised through events

\$546,930













## Statement of Financial Assets/ Liabilities

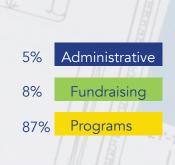
Current Assets	Year Ended 12/31/16	ear Ended 12/31/15
Cash And Cash Equivalents	\$1,054,839	\$691,699
Current Unconditional Promises To	Give 529,056	215,748
Other Receivables	40,307	17,000
Investments	284,414	214,663
Prepaid Expenses	47,739	62,545
Total Current Assets	\$1,956,355	\$1,201,65
ROPERTY AND EQUIPMENT, Net	\$367,649	\$96,750
THE PART OF		
Other Assets		
Unconditional Promises To Give	\$459,816	\$507,716
Deposits	2,292	8,632
Total Other Assets	\$462,108	\$516,348
Total Other Assets	\$102,100	4310,310
Total Assets	\$2,786,112	\$1,814,753
/B7	/周/	<b>4.701.7700</b>
iabilities and Net Asset		
	\$86,595	\$181,856
Accounts Payable  Deferred Revenue - Special Events	232,910	342,580
Obligation Under Capital Lease, Cu		2,915
Obligation onder Capital Lease, Cu	11,031	SQFT
Total Current Liabilities	\$331,136	\$527,351
170 SQFT		
NonCurrent Liabilities		
Noncurrent Liabilities		
Obligation Under Capital Lease*	30,949	
	30,949	
* (Net Of Current Portion)		\$527.35
* (Net Of Current Portion)	30,949 <b>\$362,085</b>	\$527,35
* (Net Of Current Portion)  Total Liabilities	\$362,085	\$527,35
* (Net Of Current Portion)  Total Liabilities  Net Assets	\$362,085	FT 104
* (Net Of Current Portion)  Total Liabilities  Net Assets  Unrestricted	\$362,085	\$ <b>527,35</b> \$99,262 1,188,14
Obligation Under Capital Lease*  * (Net Of Current Portion)  Total Liabilities  Net Assets  Unrestricted  Temporarily Restricted	<b>\$362,085</b> \$356,565	\$99,262

### **Statement of Activities**

2016

Support, Gains, and Revenue	Unrestricted	Temporarily Restricted	Total
Contributions	\$2,002,811	1,123,817	\$3,126,628
Special Events, Net of Direct Expenses	329,489	-	329,489
Contributions - In-Kind	192,163		192,163
Other Income	50,337	-	50,337
Gain on Disposal of Property and Equipm	ment 18,497	-	18,497
Interest And Dividends	8,342	-	8,342
Realized Gain On Investments	43	-	43
Unrealized Gain (loss) On Investments	9,312	-	9,312
Net Assets Released From Restrictions	244,495	(244,495)	-
REF	the low !	A STATE OF THE PARTY OF THE PAR	
Total Support, Gains, and Revenue	\$2,855,489	\$879,322	\$3,734,811
Expenses	31 8:		
Program Services	\$2,153,358	7 -/6	\$2,153,358
General and Administrative	154,716		154,716
Fundraising 376	290,112	1 3	290,112
Total Expenses	\$2,598,186	-	\$2,598,186
5,6"	l ow line	1 100	
Net Assets			
Change in Net Assets	\$257,303	\$879,322	\$1,136,625
Net Assets, Beginning of Year	99,262	1,188,140	1,287,402
NET ASSETS, END OF YEAR	\$356,565	\$2,067,462	\$2,424,027





# Thank you

Our community would not thrive and our events would not be possible without the support of our partners and volunteers. Thank you to all of you who are helping to ensure no young adult faces cancer alone.

Cancer changes lives... SO DO WE!

#### Mission

We change lives by creating a community of support for young adults, and their loved ones, impacted by cancer.

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