

# Deepen the Expertise and Impact of Our Services

Ulman Foundation will expand our patient navigation services by incorporating specialized expertise in mental health, nutrition, and financial wellness. This expansion will allow us to offer comprehensive, tailored support that addresses the unique challenges our cancer patients face, ensuring they receive holistic care for better outcomes.

## Improving Outcomes through Integrated Services

Holistic care addresses the emotional, nutritional, and financial hurdles patients face in addition to the physical and psychosocial effects of cancer. Research shows that holistic support leads to better engagement with healthcare, 30% higher treatment adherence, and ultimately increased survival rates.

*Gielissen, M. F., et al. (2010). "Psychosocial interventions for cancer patients."*

## Behavioral Health Navigation

- Offer crisis intervention and coping support
- Enhance support groups and programming

## Nutrition Navigation

- Provide personalized nutrition counseling
- Integrate nutrition into care plans
- Address food insecurity
- Educate and empower our community

## Financial Navigation

- Reduce financial stress
- Increase access to financial resources
- Address financial barriers

## Community Navigation

- Improve access to timely care where patients reside
- Provide personalized emotional and practical support
- Enhance treatment compliance and care

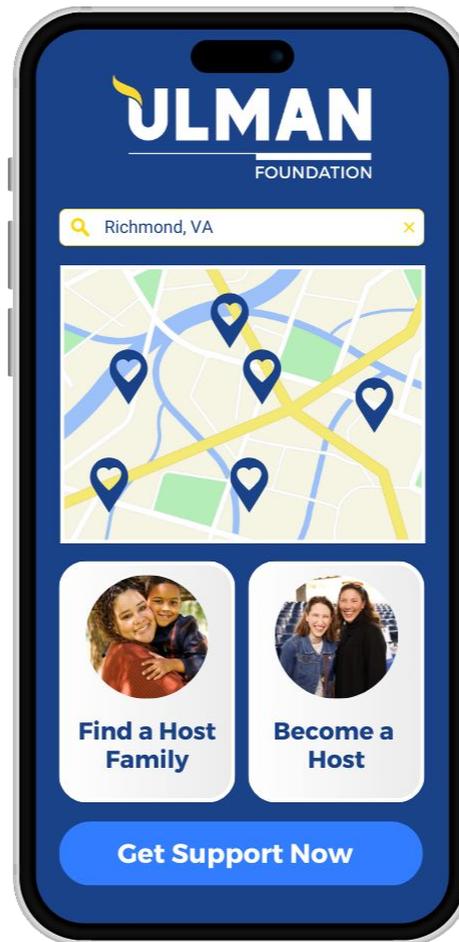
## Expand Support Through Community Hosts

Ulman Foundation will launch a host family housing model that leverages our strong community network to provide temporary housing for adolescent and young adult cancer patients and their families. This network of host homes will expand the life-changing support of Ulman House, allowing us to serve more patients—especially during times of overflow or for those needing short-term stays near partner hospitals.

### Meeting the Growing Demand for Patient Housing

As of September 2024, Ulman House is **operating at full capacity, with a growing waitlist** of patients in need of temporary housing. As we continue to build vital partnerships with the National Institutes of Health (NIH) and other referral sources, the demand for additional housing options is increasing rapidly.

PRIORITY #4



Extend our geographic reach

Meet critical demand for housing

Strengthen community engagement

Introduce on-call support